

FIRST 5 KIT FOR NEW PARENTS



WHAT'S INSIDE?

- Advice for New Parents DVD with a new Oral Health section
- Advice for New Parents companion booklet (English and Spanish Kit only)
- “What to do When your Child Gets Sick”
- “Happy Baby” Bilingual book
- “Healthy Teeth Begins at Birth” pamphlet
- “Playing with Your Baby/Toddler” pamphlets
- Healthy Families enrollment information
- Poison Action Line information
- Parent Guide Resource booklet
- Growth Chart: Look at me! Birth to three!
- Request Postcard for VHS tape

TIPS FOR INTRODUCING THE KIT TO PARENTS:

- Mothers use more of the Kit’s informational material when they receive an orientation
- Mothers learn best from the Kit when their partners and family also use the Kit

TIPS FOR TALKING TO PARENTS ABOUT THE KIT:

- Be enthusiastic about the Kit and how the Kit has helped parents
- Ask parents what their questions are and answer them together
- Engage parents in exploring the Kit – open it up and show them what’s inside
- Encourage parents to keep using the Kit as their children get older

LET PARENTS KNOW THAT THE KIT:

- Helps parents learn how to take care of a baby
- Teaches parents where and how to find more information about parenting
- Helps parents build positive relationships with their babies
- Can be reviewed with partners so they can be involved and helpful

FOR QUESTIONS OR TO PLACE AN ORDER, PLEASE CONTACT ZEELaura PAGE AT 510.875.2486

